

# Supporting people through transforming care

**Transforming care is all about improving health and care services so that more people with learning disabilities and/ or autism can live in the community, with the right support, and close to home. This means that fewer people will need to go into hospital for their care.**

There's a national plan about how to do this called 'Building the right support' (October 2015), and there are 48 transforming care partnerships across England to support this.

Joe\* is one individual who's been supported to move out of hospital and live in the community through transforming care.

After a series of short placements and a stay in an inpatient unit, Joe now lives in a supporting housing service and his health and wellbeing has massively improved.

## **Joe's care and support needs**

Joe has a learning disability and has been diagnosed with paranoid schizophrenia and ADHD.

He has displayed behaviour which challenges services in the past – including hoarding irrelevant items and smearing faeces around the bathroom. He has a criminal history which includes theft, fraud and burglary, and used to smoke cannabis.

He has a speech impairment which affects his ability to communicate.

## **Joe's background**



The service is committed to exploring mental health in the community to support more people to move into independent living. The prevention of substance misuse is vital to help people to successfully live independently and avoid further criminal activity.

They'd also recommend that therapeutic activities are included in the funding from the start. They've found that these activities have positive benefits but it's hard to secure funding once it's been approved.

## What have they learnt?

The service hasn't yet done any training around positive behavioural support but will explore if this would be an appropriate approach for the people they support.

## Skills for Care recommends

### Transforming care

Find out how you can get involved in your local partnership and resources to help.

[www.skillsforcare.org.uk/transformingcare](http://www.skillsforcare.org.uk/transformingcare)

### Supporting people with learning disabilities

We have practical guidance to help employers develop their workforce that support people with learning disabilities.

[www.skillsforcare.org.uk/learningdisabilities](http://www.skillsforcare.org.uk/learningdisabilities)

### Positive behavioural support

Our resources can help you and your staff deliver PBS to people who display or at risk of displaying behaviours which challenge.

[www.skillsforcare.org.uk/PBS](http://www.skillsforcare.org.uk/PBS)



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